



Online Booking available: www.bardstowndermatology.com

WELCOME to Bardstown Dermatology Aesthetics! The Bardstown Dermatology Aesthetics team is led by Kelli W. Morgan, MD, a board certified dermatologist. We seek to maximize individual beauty with a goal toward a natural more youthful appearance by restoring the facial “triangle of youth,” improving the appearance of wrinkles by softening lines, addressing volume loss and tightening lax skin, and improving skin texture, tone, and clarity. Our promise to our patients is to provide education, honesty, and transparency in a pressure-free environment. We offer high quality, results-oriented services to our patients at reasonable prices.

Botox and Dysport:

BOTOX and Dysport are made from a purified protein, which helps to relax the facial muscles responsible for lines and wrinkles. Botox and Dysport are safe, painless, and fast-acting. The results are naturally beautiful.

Price: \$11/unit.

Fillers:

Hyaluronic Acid Fillers are used to enhance facial volume, resulting in a more youthful, softer appearance. As we age, we lose volume in the mid and lower face, resulting in a flattened appearance and sagging around the mouth and chin. Bardstown Dermatology Aesthetics uses only FDA-approved products including the JUVEDERM®, and Restylane® line of products. These fillers have demonstrated predictable results with minimal bruising, swelling, and redness after treatment. Fillers are often used in conjunction with Botox or Dysport.

Price: Varies.

Kybella:

Kybella is the first and only injectable drug that is FDA approved to improve the appearance of sub-mental fat (double-chin). Kybella typically requires a series of three treatments four to six weeks apart depending on the amount of fat under the chin. Kybella results in permanent reduction of fat under the chin. Expect some swelling and bruising after treatment and lasting 3-6 days.

Chemical Peels:

Chemical Peels consist of acidic solutions, which are painted on the face like a mask. They help to reduce fine lines and wrinkles as well as lighten excessive pigmentation on the face. They are also helpful in improving acne and rosacea.

- **SUPERFICIAL chemical peels** utilizing glycolic (30%), mandelic (40%) or salicylic acid (30%).
 - **Glycolic acid** is a naturally occurring alpha-hydroxy-acid (AHA) derived from natural sources. Glycolic acid penetrates skin cell walls, triggering the formation of collagen and the production of glycosaminoglycans which help to improve texture, reduce discoloration and soften fine lines.
 - **Salicylic acid** is a beta hydroxy acid which is effective in the treatment of acne.



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- **Mandelic acid** is a type of alpha hydroxy acid (AHA) with antibacterial qualities making it helpful for those with acne-prone skin. Mandelic acid is more gentle than other chemical peels and is safe to use on people with Rosacea or darker skin tones. In addition, the downtime is significantly less with Mandelic Acid so these peels produce a nice “glow” for special events!
- Recommended: Series of 4-5 treatments spaced 3-4 weeks apart.
Price: \$75
- **Mid-Level or Specialty Chemical Peels**
Glycolic Acid 50%, Glycolic Acid 70%, Modified Jessners, 50% Pyruvic Acid Chemical Peels.
Price: \$125
- **Medium Depth / Pigment Chemical Peels (25% TCA)**
Trichloroacetic acid is a medium depth peel. TCA penetrates deeper than superficial peels and results in a longer “down time” than superficial peels. Healing typically takes between 3-7 days. TCA peels work well for sunspots, pigmentation, fine lines, actinic keratoses, and skin texture changes. These peels can be repeated every two to three months as needed.
Price: \$200
- **Aggressive Medium Depth Peels (40% TCA)**
40% TCA (Trichloroacetic acid) applied by Physician. Patients require pre-treatment with anti-viral medication to suppress fever blisters. Expect 5-7 days downtime. These peels can be repeated every six months.
Price: \$500

Microneedling with FDA-approved Skin Pen Precision:

SkinPen by Bellus Medical is the only microneedling device in the world cleared by the U.S. FDA. It has been clinically proven to safely and effectively treat facial acne scars for ages 22 and up. Microneedling rejuvenates by using tiny needles to puncture the top layer of your skin, triggering collagen and elastin production. Microneedling can encourage your skin to produce new collagen and elastin, which can improve the smoothness and plumpness of the skin. At Bardstown Dermatology Aesthetics, we combine FDA approved microneedling with SkinFuse. While microneedling alone triggers the growth factors and signaling molecules proven to increase cell to cell communication, Skinfuse provides the essential skin cell nutritional requirements to optimize this process of restoring healthy cell function, while omitting ingredients proven to hinder this process.

Price: \$350



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Laser Services:

- Wrinkles
- Vascular Lesions
- Facial Redness
- Brown Spots
- Acne Scars
- Skin Tightening
- Vaginal Rejuvenation
- Hand rejuvenation

Fractionated CO2 Laser Resurfacing

Bardstown Dermatology Aesthetics offers the most advanced options for fractional laser skin resurfacing. Fractional resurfacing is very effective in treating fine lines and wrinkles, sun spots, acne scars, surgical scars and sun damage. The laser delivers a series of high precision microbeams that create narrow columns of tissue ablation below the surface of the skin and into the dermis, while preserving the surrounding healthy tissue from damage. Fractionated resurfacing allows the skin to heal more quickly than if the entire area were treated at once, using the body's natural healing process to create new, healthy skin cells.

Available Treatments with Fractionated CO2 Laser:

- *Facial Resurfacing (pigment): \$1200 (series of 1-2 treatments)*
- *Facial Resurfacing (rejuvenation/wrinkles): \$1600 (series of 1-2 treatments)*
- *Vaginal Rejuvenation: \$800 / treatment (series of 2-3 treatments)*
- *Hand Rejuvenation: \$350 / treatment (series of 2-3 treatments)*

Intense Pulsed Light Treatment (IPL)

IPL is a non-invasive and non-ablative treatment, which uses high intensity pulses of visible light to improve the appearance of sun-induced changes on the face, including brown pigmentation and broken blood vessels. The process of rejuvenating aged skin with IPL treatment is referred to as photorejuvenation. IPL can also be used for treatment of wrinkles and skin tightening. IPL is great for treating rosacea and broken blood vessels. It can also safely be used on the neck, hands, and chest. In addition, Bardstown Dermatology Aesthetics offers skin tightening through the use of concentrated infrared wavelengths which heat the underlying collagen, promoting contraction and tightening.

PhotoFacial : \$350

Skin Tightening: \$400

V-Beam Laser

The V-Beam laser is a specialized laser for the treatment of Port Wine Stains, blood vessels, and Rosacea. It is also used in the treatment of warts, "cherry" angiomas, and various other skin conditions.

Full Face: \$400

Smaller areas: varies \$250-350

Other Cosmetic Services:

Sclerotherapy

Sclerotherapy is a medical procedure used to treat spider veins of the legs. Sclerotherapy involves injection of a solution (often a concentrated salt solution) directly into the vessel. This results in irritation of the lining of the blood vessel causing it to collapse.



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Sclerotherapy for Leg Veins: \$300



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Medical Grade Skin Care:

Medical grade skin care is an professional strength, dermatologist-recommended, targeted skin treatment regimen which can address both medical issues including acne and rosacea, and cosmetic concerns like skin pigmentation, fine lines, and wrinkles. An affordable investment in high quality skin care and sun protection will go a long way toward maintaining, restoring, and improving healthy, vibrant skin.

Bardstown Dermatology Aesthetics covers the following medical grade skin care lines:

- **ZO Skin Health:**
ZO Skin Health was founded by Dr. Zen Obagi in 2007 to provide the world's most innovative and effective skin health solutions. As Medical Director of ZO Skin Health, Dr. Obagi has created products with technologically advanced ingredients effective in treating a wide range of skin disorders.
Price varies.
- **Avène:**
Avène has been a naturally soothing source for sensitive skin since 1743. Avène Thermal Spring Water's unique composition is clinically shown by over 150 studies to calm, soothe, and soften the skin. At the heart of the brand is Avène Thermal Spring Water, a natural soothing source of mineral water from the Avène Thermal Spring in France. This is an excellent choice for patients with sensitive skin, eczema, or rosacea.
- **Glytone:**
Glytone offers the highest level of free glycolic acid for skin rejuvenation and skin health. Each glycolic acid formulation in the Glytone line exfoliates, renews and hydrates, allowing the skin to take on a brighter and more youthful appearance. Glytone's products are also a potent choice for fighting acne breakouts, leading to clearer skin tone.
- **Latisse:**
From the creators of Botox and Juvederm, Latisse 0.03% is the only FDA-approved prescription treatment for improving the length and fullness of eyelashes. Latisse results in the growth of new lashes, which are thicker, fuller, and darker than your normal lashes. Used regularly, lash growth will continue for as long as the product is used.
- **SkinCeuticals:**
Developed by a Dermatologist and research professor at Duke University, SkinCeuticals Vitamin C products are the top-of-the-line for antioxidant treatments of the skin.

Aesthetician Services:

- Custom Facial: *starting at \$65.00 (\$80.00 with Dermaplaning)*
- Dermaplaning add on: *\$15.00*
- Chemical Peels: *Starting at \$75.00*
- Eyebrow Shaping: *\$15.00*
- Eyebrow Tinting: *\$12.00*
- Eyelash Tinting: *\$15.00*
- Lash Lift only: *\$65.00*
- Lash Lift w/ Tint: *\$75.00*
- Eyebrow Wax: *\$15*
- Brazilian Wax: *\$55*